

Positive Alternatives 2014 - 15 Quarterly Update

Grantee: NORTH SIDE LIFE CARE CENTER

Goal: To provide quality prenatal care to women who may otherwise experience barriers to access, and to offer support services both before and after birth

For the period: Jan – Mr 2016

| Activity or Service | Activity or Service Description Major Work Plan Activities | Work Plan Count | Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity. | Report Count |
|--|--|------------------------|--|---------------------|
| Case Management Services | Enroll clients in educational incentive program and set goals; meet with clients at least monthly | 80 | Clients are motivated to set and meet their goals by meeting with their Small Steps counselors who encourage them and hold them accountable to meet their goals. | 66 |
| Crib Distribution/ Sleep Safety Education | Provide safe sleep information to all clinic patients and to educational incentive program clients who select it; provide crib/Pack n Play to incentive program clients who earn one | 8 | Clients are required to watch a safe sleep video and discuss it with their counselors. | 7 |
| Education Assistance | Enroll client in educational incentive program; set ESL, GED or other educational goal; meet with clients to assess progress and meet goals | 5 | Most clients already have their high school diploma. | 5 |
| Employment Assistance | Enroll client in educational incentive program; set employment goals such as working on resume or applying for job; meet with clients to assess progress and meet goals | 6 | Several clients have found jobs because of the Small Steps program. | 5 |
| Life-Skills Education Program | Enroll client educational incentive program; meet with clients to complete assignments and assess progress; clients work on life skills | 25 | Clients appreciate the life skills options we offer: money management, budgeting, meal planning etc | 24 |

| Activity or Service | Activity or Service Description Major Work Plan Activities | Work Plan Count | Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity. | Report Count |
|--|---|------------------------|--|---------------------|
| Mental Health | Provide prenatal patients with mental health assessment at their second OB visit, at 26 weeks and at 36 weeks; refer patients needing additional mental health counseling | 25 | All prenatal patients fill out a depression screen 3 times during pregnancy and more if needed. | 12 |
| Nutrition | Provide prenatal vitamins to eligible clients who need them | 50 | All positive test clients are given free prenatal vitamins. | 21 |
| Parenting Education | Enroll client in educational incentive program; set goals; provide parenting education; Meet individually with client to complete assignments and assess progress | 60 | "Parenting with respect" is a topic that results in very good conversations with clients about how they were raised and what things they would like to do differently with their children. | 81 |
| Prenatal medical care | Nurse midwives provide prenatal care and center staff provides support services to patients | 25 | The nurse midwives from Fairview Clinic Riverside provide excellent care for our patients, | 30 |
| Provide Necessary Services Assessments Only | Staff provides clients only intake assessments, information on, referral to and assistance with securing necessary services | 50 | Necessary services are given to all clients who come to the center. | 67 |

| Maternal and Child Health Initiative Task Force Strategies | No. |
|---|------------|
| <i>Number of women who received car seats and car seat safety education from a PA funded program activity</i> | |
| <i>Number of women who received car seat safety education only from a PA funded program activity</i> | |

| Maternal and Child Health Initiative Task Force Strategies | No. |
|---|------------|
| <i>Number of women who received child abuse prevention education from a PA funded program activity</i> | |
| <i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i> | 2 |
| <i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i> | 3 |
| <i>Number of women who received sleep safety education only from a PA funded program activity</i> | 3 |

Challenges: Jan – Mr is typically a slower quarter for us. I expect client numbers will increase during the spring and summer.

Comments: